

I still believe the S&P will provide a tail wind for bullish ideas for the first 1-2 weeks of the month (as has been the trend). Given this, I am still looking for bullish ideas now and will be looking more at a balance of bullish and bearish ideas near the end of next week as we have had some pull backs into month's end for a few months.

I updated on each current idea in the video, but there is nothing major for me to adjust right now.

I also added two new trades today. First, I bought GLNG Aug \$32.5 calls for \$0.64 as IV under 40% is historically cheap and it looks as it may try to fill the earnings gap:

OI	Volume	Delta	IV	Vol	Bid	Theo	Ask	SIM	Pos	PnL	Last	Strike
43 days to expiration												
203	18	28.50	36.38		0.60	0.62	0.65		15	-23	0.64	GLNG Aug17 32.5

Screenshot from LiveVol X

Second, I added KMX July 20th \$77.5 calls for \$0.65 as IV under 25% is cheap and it is setting up a fairly clean looking bull flag:

OI	Volume	Delta	IV	Vol	Bid	Theo	Ask	SIM	Pos	PnL	Last	Strike
15 days to expiration												
521	10	29.43	23.34		0.60	0.65	0.70		10		0.65	KMX Jul20 77.5

Screenshot from LiveVol X

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